



Michele Armstrong

*"... to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair."
(Isaiah 61:3)*



HOPE
GLIMMERING

As a speaker and writer, Michele Armstrong shares her empowering message of hope and restoration. She broke free from an abusive 30-year marriage to a church minister. Through the amazing grace, unconditional love, and incredible healing power of Jesus, she has been transformed from victim to victor. Despite the three decades of oppression, she incorporates laugh-out-loud humor into her story, bringing joy and healing and challenging audiences to look deeper, reach out more boldly, and speak up when they see unsettling behaviors — even within the church.

By detailing her journey from fear and co-dependency to recovery and forgiveness, Michele seeks to inspire others to embrace all the joys God has in store for them. From a Christian perspective, she speaks to the effects of physical, emotional, and spiritual abuse and gives hope to others who may be navigating similar situations or battling other dark and difficult circumstances.

Michele is available for speaking at women's conferences and organizations, church events, youth groups, and safe house meetings. She has spoken and taught at venues across the country and on podcasts. Currently, she co-hosts a radio show on Joy 620 WRJZ in Knoxville, TN. Michele is the mother to two sons, mother-in-love to their respective wives, and "Mimi" to a giggling granddaughter. In 2013 she was blessed with an amazingly supportive husband. Together they live in the beautiful hills of East Tennessee.